



Issue No. 11: 6th March 2009

Time IS Short!

Part 2

by Robert Ardis

My son, Gerry, put his mind into this study. What had we missed? God opened his mind and he brought several interesting points to my attention. I checked into his study and could see this was the new understanding that we had missed! There are at least four areas we must always carefully consider when looking into prophecy.

1. Be careful of preconceived ideas.
2. Remember we are seeing through the *glass darkly!*
3. Be careful that we do not make simple statements complicated.
4. Remember Christ is in charge!

Think on this one preconceived idea we have believed and assumed was true. When Mr. Armstrong died there were approximately 100,000 baptized members of the Worldwide Church of God and we have assumed that all of these were converted, begotten sons of God. We followed this assumption into the prophecy of Matthew 25 and Revelation 3:9. Therefore we were expecting 50,000 *wise virgins* to heed the *midnight cry!* But we really do not know what number to expect!

Romans 11:4 is the Apostle Paul's quote of I Kings 19:18 where seven thousand were reserved who had not bowed their knee to Baal. Is this a clue for at this time?

But notice Zechariah 13:7-9 is dealing with parts here in these very times before the Tribulation.

Awake, O sword, against my shepherd, and against the man that is my fellow, saith the LORD of hosts: smite the shepherd, and the sheep shall be scattered: and I will turn mine hand upon the little ones. And it shall come to pass, that in all the land, saith the LORD, two parts therein shall be cut off and die; but the third shall be left therein. And I will bring the third part through the fire, and will refine them as silver is refined, and will try them as

gold is tried: they shall call on my name, and I will hear them: I will say, It is my people: and they shall say, The LORD is my God.

Ezekiel 5:1-4 adds the following:

And thou, son of man, take thee a sharp knife, take thee a barber's razor, and cause it to pass upon thine head and upon thy beard: then take thee balances to weigh, and divide the hair. Thou shalt burn with fire a third part in the midst of the city, when the days of the siege are fulfilled: and thou shalt take a third part, and smite about it with a knife: and a third part thou shalt scatter in the wind; and I will draw out a sword after them. Thou shalt also take thereof a few in number, and bind them in thy skirts. Then take of them again, and cast them into the midst of the fire, and burn them in the fire; for thereof shall a fire come forth into all the house of Israel.

These scriptures tell us that Israel [the USA, Britain, and the nation of Israel] in general and the Church [Gal. 6:16] in particular are in for some bad times! Some of the remnant who was to be protected are accounted unworthy to escape and will be cast into the fires of the Great Tribulation.

So, how many can we expect to come as the *wise virgins* from the *synagogue of Satan*? We still do not know—but it must be much a much smaller number than 50,000! But Christ knows and has a definite number He will give us and will make the total number of Firstfruits at the First Resurrection, 144,000. And it will be a number that we can adequately provide for even at this late date.

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Greetings brethren!

This eleventh issue of *The Philadelphia Witness* is being published a week early, which means that the next one is now planned for 20th March.

We are today exactly a month away from Passover, which we will this year commemorate on Tuesday, 7th April after sunset. This will of course be followed by the Night to be Much Observed, which raises the curtain on the Seven Days of Unleavened Bread, with the two Holy Days being on Thursday 9th and Wednesday 15th April respectively.

I know that some of you have already planned to travel so that you may be in an area where you will be able to partake of the Passover service with your brethren. In Malta, we're certainly looking forward to welcoming a number of brethren from other parts of Europe. It's most exciting to be able to share these days with members of our spiritual family from Spain, Germany and Switzerland, which will surely lead to plenty of fellowship and great rejoicing over the sobering yet joy-filled Spring Holy Day Season.

On the world scene, the increasing preoccupation with developments in Iran, and the anxieties over the alarming speed of a worsening economic situation that seems to be inevitably leading to the impending collapse of the world economy, continues unabated.

The Washington Institute's report, as cited by FoxNews.com, that Israel may feel compelled to take military action against Iran before the Iranians obtain the S-300 surface-to-air missile system from Russia, which will mean improved Iranian air defenses, should certainly grab our attention. Moreso, when even men in high office recognise that "time is not on our side", that "the time frame is getting compressed and quick action is necessary" and that "time is short if diplomatic engagement is to have a chance of success".

Equally alarming is the news that last month, the U.S. unemployment rate jumped to 8.1 percent. Meanwhile, the Treasury Secretary warned that the U.S. recession is worsening, and the Federal Reserve said there's little hope of an improvement in the coming months. Across the Atlantic – in the U.K. – the Bank of England has embarked on radical moves to print £75 billion of "new money" whilst interest rates have been consistently pushed from one historic low to another.

This is the world we're living in. As we watch and keep tabs on ourselves – our overcoming and our character growth – we also watch world events. Yes, we "watch and pray always, that we may be accounted worthy to escape all these things that shall come to pass, and to stand before the Son of man" (Luke 21:36). That's what our Saviour and Husband Jesus Christ commands us to do; and as individuals who are under His authority, we must ensure that we keep doing so as we continue to grow in every fruit of God's Holy Spirit – as we allow Jesus Christ to daily live His life in and through us.

With much love, in Christ's service



Daniel Frendo

(continued from Page 1)

There apparently must be more brethren who have finished their race and are resting in their graves, which are permanently attached to the *foundation* of the temple and are not classed as *lively stones*. Perhaps the preconceived idea of 100,000 converted brethren led us to the assumption that we would need much more time to work with them than really will be required.

The need to be careful about making simple statements complicated is emphasized in the scripture describing the Two Witnesses. Reading Rev. 11:3 from the *International Standard Version* (or several other modern versions) tells us: "*I will give my Two Witnesses who wear sackcloth the authority to prophesy for 1260 days*". Placing the clause, *who wear sackcloth*, immediately after their title makes a decided difference as you study this out. If the Two Witnesses were clothed in regal vestments it would identify them as kings. If they wore linen robes it would indicate they were priests. The sack cloth they wear points to the fact that they are prophets—nothing else. And verse 10 identifies them as two prophets! Simple to understand—when it is time to have it understood! Christ is in charge!

Another important point in verse 3 is that the Two Witnesses will prophesy (#4395) for 1260 days. Now look at verse 7: "*And when they shall have finished their testimony* (#3141, evidence given, record, report, testimony, witness...this does not say or mean prophesy) *the beast that ascended out of the*

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bottomless pit shall make war against them, and shall overcome them, and kill them. Understand, they are killed after they finish their testimony—not their prophecy—but they prophesy a full 1260 days.

Here are two prophets that perform mighty miracles and are a scourge to the wicked of the world—the Beast and the false prophet and all that worship that evil system. Is it possible that the Two Witnesses are killed after their testimony is complete 3-1/2 day before the visible return of Jesus Christ for His Firstfruits on Pentecost of 2012? Knowing that they will be killed and apparently will be the first resurrected in 3-1/2 days, they would deliver a final fantastic and thunderous prophecy—a living prophecy—of what shall occur all the way to the end of the 1260 days allotted to their prophesying! Perhaps they make the prophesies of the seven thunders that will occur, beginning at their resurrection and in the 113 days from the resurrection and the return of Jesus Christ, His Wife, and the angelic armies to destroy the works of Satan and the Beast system and all who would be in rebellion against the King of kings and Lord of lords.

They could thunder forth something similar to these seven living messages:

- You can kill us, but in 3-1/2 days you and all the world will see us raised to life (verses 10-11)!
- You will see Jesus Christ coming in the clouds: *“Behold, he cometh with clouds; and every eye shall see him, and they also which pierced him: and all kindreds of the earth shall wail because of him. Even so, Amen (Rev. 1:7).”*
- You will see the righteous rise from their graves and the faithful in the place of safety changed to immortal God-Beings and rise to meet Christ in the air at the sound of the Last Trumpet.
- We will be gone to the heaven of the God you have rejected for 113 days during which the seven last plagues—the wrath of God—shall be poured out upon you.
- The earth will be jolted out of its orbit.
- The sun will scorch humanity with great heat; earthquakes and hail unimaginable.
- All rebellion will be crushed by the conquering Christ

Something like this will make up the seven thunders of Rev. 10 that will be living prophecies which will conclude at the end of 1260 days on Trumpets,

September 17, 2012. Thus the Two Witnesses ministry could begin from the same date that the Beast is given its 42 months of power, April 6, 2009. Remember, Satan is rebuked and Joshua is brought to repentance as a brand plucked out of the fire (of tribulation) (Zech. 3:1). Also Michael the archangel stands up for the Israel of God as the Great Tribulation begins (Dan. 12:1).

Therefore, with this information presented to us, can we believe we are still in the 1335 days? I don't want this to sound like a “gimmick”. We won't have long to wait to see if this is true—but I am compelled to report this (Ezek. 33:6)! March 7, 2009 is the date for the 1290 days to begin with the all-out war between the King of the North and the King of the South that will last 30 days and bring about the massive deaths of Rev. 6: 8 and the conclusion of the Four Horsemen's ride—and introduces the Beast and its 42 months rule.

We had people to leave the CGF once they thought the *timeline* was wrong when the Two Witnesses did not appear on December 10. How does this adjusted *timeline* affect you? Will it give you more zeal to overcome? Remember we are counting down to Passover and our desire and zeal to overcome should be at its peak. As Pillars our lives should be focused on a Days of Unleavened Bread attitude of overcoming and growing up into Christ in all things.

If this that is presented in this article is true we will keep the Passover in the place Christ has prepared for us on Tuesday evening April 7, 2009. How will we get there? Are you ready to go? If this that is presented is not God's time for it, will you be so disappointed that you will be offended and leave the Church as others did earlier? If you do not love the Truth—the whole Truth—the vine must be pruned and Christ will do it! The CGF is Christ's one true Church! He reveals to us His secrets. Time is short! We may have only a few days to know for sure how short it really is. Be ready for anything as you prepare for the Passover wherever we will observe it this very exciting year.

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Examine yourself before Passover!

by Frank Borg

God's Word tells us to "Study to show yourself approved unto God" (2 Tim 2:15). This scripture emphatically tells us that we are to *study* if we are to be acceptable before God. The question is: what *exactly* is this section of scripture admonishing us to study?

The word "study" is a translation from the Greek word "Spoudazo". Strong's Concordance defines this word as, 'to use *speed*, that is, to make *effort*, be *prompt* or *earnest*, do diligence, be *diligent*, endeavor, *labor*, *study*'. Whatever it is that we are to study, we are encouraged to do it diligently and with a sense of urgency.

Back to the scripture: What is it that we are to study if we are to show ourselves approved unto God? The study of our bible will certainly *help* us. However, studying the bible of and by itself, will not make us 'approved unto God'! Essentially, we can study all we like but without applying what we learn, our study is largely in vain. To get a clearer understanding of what the first part of 2 Timothy 2:15 is admonishing us to study, we could take a look at other Bible translations. The Amplified Bible for this scripture gives this rendition: "Study *and be eager and do your utmost* to present *yourself* to God approved, *tested by trial*...". This translation includes more of the literal meaning of the Greek word 'spoudazo', thus giving us a clearer interpretation. We must certainly study God's Word to know what to apply, and how we can apply it, to be able to take on His character. We must study Christ and His character so that we know what to emulate, and know how we have to become. However, there is more to 2 Timothy 2:15 which we need to understand and which we might not notice at first glance. Interestingly, many foreign language Bible translations state the following for 2 Timothy 2:15: "Study *yourself* to present yourself before God as a man approved!" There it is! This is possibly *the most* concise and true translation of this section of scripture! Read that translation again! It tells us that we are to also study *ourselves*! We must do this to see how we measure up to Christ and the character of God! This is all about 'self examination'! It is by taking a *close* look at ourselves, seeing how we measure up to the character of Christ, acknowledging our error, and

doing the right that will prepare us and make us "approved unto God"!

The Bible admonishes us to 'examine' ourselves before Passover (1 Cor. 11:28). This 'self-examination' includes testing, discerning, proving and trying ourselves. "Spoudazo" (study: 2 Tim. 2:15) tells us that this is to be a *laborious* examination and therefore indicates that it is to be detailed. Importantly, the attitude and manner in which we examine ourselves reveals something about us to God: it shows how badly we want to be ruled by Him, and how deeply we desire to become like Him! It also reveals the depth of our conversion.

God emphasizes that we are to examine ourselves, repent and overcome (Rom 12:21). We are to exercise the mind of Christ and let His mind be in us (Phil 2:5)! How can we do this effectively if we continue in sin? If we compromise with the tiniest of sins, we run the risk of it growing and getting out of control making it much more difficult to overcome. (Always remember the mustard seed parallel – it is the tiniest of seeds but grows into a large of tree! The same is true with sin – it starts out small and often grows). If we are serious about repentance and overcoming, we must cut sin down and root it out of our lives.

In the run-up to Passover, we must take the time to search every crevice of our being, "bringing into the captivity *every thought* to the obedience of Christ" (2 Cor 10:5). No matter how well we know our bibles, or how long we may have been in the Church, we are all still sinners (1 John 1:10). We are all carnal and subject to human nature which is hostile toward God and His ways: "Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be" (Rom. 8:7). We need to be especially careful at this time during the Day of the Lord, because Satan knows he has but a short time (Rev 12:12) and will do everything in his power to try and make us overlook sin. We must also beware of becoming complacent with sin!

Sin can hide itself in many places in our lives, therefore, detailed self-examination is important otherwise we risk partaking of the Passover in an unworthy manner: "For he that eats and drinks unworthily, eats and drinks damnation to himself, not discerning the Lord's body".

Following are a number of areas with related scriptures designed to help with our self examination. This should help us with some of what we should be

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looking at as we endeavor to prayerfully and carefully examine ourselves before Passover:

- *How important is "self-examination" to me?*

1 Cor. 11:28-29 "Let a man examine himself...for he that eats and drinks unworthily, eats and drinks damnation to himself"

2 Cor. 13:5 "Examine yourselves as to whether you are in the faith; prove your own selves, how that Jesus Christ is in you, except you be reprobates (disqualified)?"

Gal 6:4 "Let every man prove his own works..."

Lam 3:40 "Let us search and try our ways, and turn again to the Lord".

- *Do I ask God to help me examine myself?*

Psalms 26:2 Examine me, O Lord, and prove me; try my reins and my heart".

Psalms 139: 23 "Search me, O God, and know my heart: try me, and know my thoughts".

- *How badly do I want God's Word to rule me?*

Heb 4:12 "For the Word of God...is a discerner of the thoughts and intents of the heart"

Col 3:15 "Let the peace of God rule in your hearts..."

2 Cor 10:13 "...we will not boast of the things without our measure, but according to the measure of the rule which God hath distributed to us..."

Psalms 119:165 "Great peace have they which love thy law..."

Rom 7:22 "I delight in the law of God..."

- *Do I see my own carnal nature?*

Rom 7:14 "...the law is spiritual: but I am carnal, sold under sin"

Rom 7:18 "For I know that in me dwelleth no good thing..."

Rom 7:21 "I find then a law, that, when I would do good, evil is present within me"

Rom 7:23 "But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members"

Matt 19:17 "And he said unto him, Why callest thou me good? There is none good but one, that is, God: but if thou wilt enter into life, keep the commandments"

- *Am I striving to repent and overcome?*

Acts 3:19 "Repent...and be converted, that your sins may be blotted out..."

Acts 26:20 "...turn to God, and do works meet for repentance"

Rom 12:21 "...overcome evil with good"

2 Cor. 7:10 "Godly sorrow worketh repentance"

Heb 12:1 "...let us lay aside every weight, and the sin which doth so easily beset us..."

Matt 5:29 "If thy right eye offend thee, pluck it out, and cast it from thee: for it is profitable for thee that one of thy members should perish, and not that thy whole body should be cast into hell"

Rom 6:1-2 "Shall we continue in sin...? God forbid!" (Rom 6:1-2).

Rom 7:24 "O wretched man that I am! Who shall deliver me from the body of this death?"

- *Do I put my faith and trust in God or do I rely on my heart?*

Jer 17:9 "The heart is deceitful above all things, and desperately wicked: who can know it?"

Prov 28:26 "He that trusteth in his own heart is a fool: but whoso walketh wisely, he shall be delivered".

- *Am I solid in the faith?*

2 Cor. 13:5 "Examine yourselves, whether ye be in the faith; prove your own selves"

1 John 2:29 "If ye know that he is righteous, ye know that every one that doeth righteousness is born of him"

John 14:23 "If a man love me, he will keep my words: and my Father will love him, and we will come unto him, and make our abode with him"

1 John 5:4 "For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith"

Gal 2:16 "Knowing that a man is not justified by the works of the law, but by the faith of Jesus Christ, even we have believed in Jesus Christ, that we might be justified by the faith of Christ, and not by the works of the law: for by the works of the law shall no flesh be justified"

- *Is my attitude right with God?*

Isa 50:10 "Who is among you that feareth the Lord, that obeyeth the voice of his servant, that walketh in darkness, and hath no light? Let him trust in the name of the Lord, and stay upon his God"

Psalms 111:10 "The fear of the Lord, is the beginning of wisdom"

Luke 5:8 When Simon Peter saw it, he fell down at Jesus' knees, saying, Depart from me; for I am a sinful man, O lord"

Prov 23:7 "For as he thinketh in his heart, so is he: Eat and drink, saith he to thee; but his heart is not with thee"

Mark 12:30 "And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this is the first commandment"

- *Is my attitude one of wanting to do the right thing?*

2 Tim 4:2 "...be instant in season, out of season; reprove, rebuke, exhort with all longsuffering and doctrine"

Gal 5:22 "But the fruit of the spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance..."

- *Is my attitude right with my brethren?*

Gal 6:1 "If a man be overtaken in a fault, ye which are spiritual, restore such an one in the spirit of meekness; considering thyself, lest thou also be tempted"

John 13:34 "A new commandment I give unto you, that ye love one another; as I have loved you, that ye also love one another"

Rom 12:10 "Be kindly affectioned one to another with brotherly love; in honour preferring one another"

Col 3:16 "Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord"

1 Cor 6:8 "Instead, you yourselves cheat and do wrong, and you do this to your brothers"

- *What is my attitude toward authority?*

Heb 13:17 "Obey then that have the rule over you, and submit yourselves: for they watch for your souls, as they that must give account, that they may do it with joy, and not with grief: for that is unprofitable for you"

1 Peter 2:13-15 "Submit yourselves to every ordinance of man for the Lord's sake: whether it be to the king, as supreme; of unto governors as unto them that are sent by him for the punishment of evildoers, and for the praise of them that do well. For so is the will of God, that with well doing ye may put to silence the ignorance of foolish men"

- *What is my attitude toward disappointment?*

Ps 62:5 "My soul, wait thou only upon God; for my expectation is from Him"

Job 13:15 "Though he slay me, yet will I trust in Him: but I will maintain mine own ways before him"

Rom 8:28 "And we know that all things work together for good to them that love God, to them who are the called according to his purpose"

- *What is my attitude toward success?*

Prov 16:18 "Pride goeth before destruction, and an haughty spirit before a fall"

Jam 4:6, 10 "...God resisteth the proud, but giveth grace unto the humble...humble yourselves in the sight of the Lord, and he shall lift you up"

- *Do I study and meditate on God's Word so that I can better apply it in my life?*

Jos 1:8 "This book of the law shall not depart out of my mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein..."

Ps 119:11 "Thy word have I hid in mine heart, that I might not sin against thee"

2 Tim 2:15 "...a workman that needeth not to be ashamed, rightly dividing the word of truth"

- *Am I allowing my light to shine through a positive example?*

Matt 5:13 "Ye are the salt of the earth: but if the salt have lost his savour, wherewith shall it be salted? It is therefore good for nothing, but to be cast out, and to be trodden under foot of men"

Matt 5:14-16 "Ye are the light of the world. A city that is set on a hill cannot be hid...Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven"

Luk 8:16 "No man, when he hath lighted a candle, covereth it with a vessel, or putteth it under a bed; but setteth it on a candlestick, that they which enter in may see the light"

- *Do I ask God to correct me?*

Jer 10:24 "O Lord, correct me, but with judgment; not in thine anger, lest thou bring me to nothing".

(To be continued)

Mainly for the Ladies

by Jennifer Frendo

Over the past few weeks, Mr. Robert Ardis together with the ministers in the Church of God's Faithful, have been busily preparing us for the most exciting and sobering time in God's Calendar – Passover and the Days of Unleavened Bread!

Now is the time to start thinking about recipes to dish up during the Days of Unleavened Bread.

On James516, Mrs. Jennifer Ardis lists leavening agents and I am listing a few for those who do not have access to a computer.

Biological leavening agents:

- beer (unpasteurised - live yeast)
- buttermilk
- ginger beer – this is fine to drink during these days, as any other beer is, but mixed with flour causes batters to rise.
- kefir
- sourdough starter
- yeast
- yogurt

Although it is perfectly fine to drink beer, if you mix beer with flour, this will cause the dough to rise! Another drink to watch out for is Horlicks. I am not sure whether they have now taken the leaven out of the drinking chocolate powder. All other drinking chocolate should be fine.

Chemical leavening agents:

- baking powder
- baking soda (a.k.a., sodium bicarbonate). To be used as leaven it must be mixed with a food acid like buttermilk, sour milk, molasses, vinegar, lemon juice or cream of tartar
- monocalcium phosphate
- sodium aluminum phosphate (SALP)
- sodium acid pyrophosphate (SAPP)

- other phosphates
- ammonium bicarbonate (a.k.a., hartshorn, horn salt, bakers ammonia)
- potassium bicarbonate (a.k.a., potash)
- potassium bitartrate (a.k.a., cream of tartar) by itself does not leaven anything any more than does sour milk or buttermilk. Often used as a flavouring.
- potassium carbonate (a.k.a., pearlash)

Mechanical leavening agents:

This is notably when air is whisked into a batter to cause it to rise. If air is whisked into anything else other than a flour mixture, then it is fine.

Please note that yeast extract is dead yeast when found in drinks or any other item. (So Bovril is fine).

I have succeeded in coming across a recipe that leaves us with a soft version of unleavened bread. You can find the recipe below (Whole Wheat Gems). However, the bread I do make (hereunder) is a hit during these days, and I have a job trying to stop baking these because my family loves them so much. Here is the recipe:

Unleavened Bread

3 cups all whole wheat flour
 1 cup white flour
 1 and a half teaspoon salt
 3 tablespoons of butter
 2 tablespoons olive oil
 1 cup water

Just sift the dry ingredients into a bowl. Cut the butter into small pieces and add to the bowl and rub together with flour. This should end up resembling very fine crumbs. Add rest of ingredients and mix to a dough. Do NOT overwork the dough. Rest the dough in fridge for at least half an hour. Roll out very thinly on an ungreased baking sheet (or grease lightly with butter) and cook till crisp but not burnt. This makes a substantial amount especially for two people. This recipe is suitable for the Passover Ceremony. During our time in the Worldwide Church of God, Mr. Armstrong had directed that if any lady was asked to bake Unleavened Bread for Passover we were not to use a recipe that included egg.

If you do not have the time to bake your own, you can buy Matzos or other crisp bread from the store, always

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checking out ingredients. Rye Vita is another popular make, which however, in some cases does contain leaven.

The Days of Unleavened Bread is not just a time to abstain from leaven but a time to show our children that Unleavened delights are just as good and tasty as leavened ones. You can bake most any of your cookie recipes by simply leaving out the leaven from the recipe. If you or your husband enjoy meat pies or any savoury pie, just use the following recipe for the crust or dough:

Pie Dough

500 grams wholemeal flour
270 grams butter
Tsp salt
2 egg yolks
2 tblsp water if necessary

Add 100 grams raw cane sugar to the above recipe and you have the base for fruit flans and our favourite chocolate pie (recipe here under) as well as jam tarts etc.

Whole Wheat or Graham Gems

2 cups whole wheat or graham flour
1 tsp salt
2 tsp brown sugar
1 egg
1 and half cups cold milk

Mix salt and sugar in with flour. Add milk to egg and stir well. Add flour in three additions and beat the batter. Fill sizzling hot iron gem or cornstick pan with batter and bake in oven for 20-30 mins.

This is a kind of unleavened bread can be made in heavy, iron corn-stick pans or gem pan (gems are kind of small muffin). The oven is set at 425° and the iron pans are placed in it to heat while the batter is being made. Before batter is placed in pans, butter the pans with a pastry brush. Salad oil has a tendency, to make bread stick, butter or shortening is preferable.

Cheese Napoleons

1 cup flour
Half teaspoon salt
Quart cup olive oil
2 tblsp milk
1 cup grated or shredded cheddar cheese
Celery seed or poppy seed (optional)

Sift flour and salt in bowl and add oil tossing with fork. Cut with knife or pastry blender if mixture seems lumpy. Add milk and stir until dough clings together. Sometimes you might need a dash of extra milk. Roll out between two 12 inch squares of wax paper into a 8 x 12 inch rectangle. Remove top paper sprinkle dough with cheese and fold long side of pastry over about one third of the way and the same with the other side to completely cover cheese. Roll out dough till it measures roughly 16 inches by 3 inches. Cut into 1 inch wide strip and place on ungreased baking tray. Sprinkle with seeds. Bake in hot oven (425 degrees F.) for 10-12 minutes until golden brown. Makes 16 sticks.

Goopy Chocolate Tart

1 tart shell baked blind (recipe above)

315/11fl.oz double cream
2 level teaspoons caster sugar
The smallest pinch of salt
115g/4oz butter, softened
445g/1 lb best chocolate (I use 350 grms dark chocolate)
100ml/3 and 3 quarter oz fluid milk
Cocoa powder for dusting

Place the first three items (cream, sugar, salt) and bring to boil. Once the mixture has boiled, remove from heat and add butter and chocolate, stirring until melted. Let mixture cool slightly and stir in milk till smooth and shiny. If mixture looks like it has split just allow to cool down more and whisk in an extra tablespoon of cold milk. Scrape mixture into cooked and cool pastry shell and let it stand for a couple of hours at room temperature. Dust with cocoa powder. Pastry should be short and crisp and filling should be smooth and cut like butter.

Vanilla Refrigerator Biscuits

Half pound flour
Quarter pound butter
6 oz caster sugar
1 level teaspoon vanilla essence
1 standard egg

Rub flour in butter finely. Add sugar and mix to dough with vanilla and beaten egg. Roll into sausage shape, refrigerate overnight. Slice and bake.

*Optional

Add 2 ounces chopped plain chocolate with sugar

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*Or

Add 2 ounces very finely chopped walnuts or hazelnuts or almonds

*Or

Sift 2 level teaspoons mixed spice with flour

RICH SHORTBREAD

Half pound English or Welsh butter softened

2 oz sugar

5 oz plain flour

1 oz semolina

Extra caster sugar

Cream butter and sugar together until light and fluffy. Using fork, gradually stir in flour and semolina. Draw mixture together with finger tips and press into lightly buttered 7 inch sandwich tin. Pick well all over. Mark the pastry into wedges and cook in centre of moderate oven (325 degrees f or Gas mark 3). Dredge with sugar once out of the oven.

BRANDY SNAPS

2 oz Butter

2 oz granulated sugar (raw cane)

2 and half oz golden syrup

2oz plain flour

1 level teaspoon ground ginger

2 teaspoons lemon juice

Quarter pint fresh double cream

Put butter, sugar and syrup in pan Stand over low heat till melted. Combine flour and ginger and add to pan together with lemon juice. Drop 4 teaspoons of melted mixture onto large buttered baking tray. Bake in centre of moderate oven (325 f or Gas mark 3) for 8 minutes. Leave one minute. Lift off with knife and quickly roll around handle of wooden spoon. Leave until firm. It would be good if you have several wooden spoons to enable you to work quickly. Repeat with rest of mixture.

RICH FRUIT CAKE

Half pound flour

1 level teaspoon mixed spice

Half level teaspoon cinnamon

Half level teaspoon grated nutmeg

1 level teaspoon cocoa powder

6 oz butter

6 oz soft brown sugar

1 level tablespoon black treacle

1 level teaspoon each finely grated orange and lemon peel

4 eggs

1 and a quarter lb mixed dried fruit

Quarter lb chopped mixed peel

2 oz shelled walnut halves and or 2oz blanched almonds

2 oz chopped dates

2 oz chopped glace cherries

2 spoons milk

Mix flour and all the different spices together. Cream butter with sugar, treacle and citrus peel. Mix in whole eggs one at a time adding a tablespoon of the dry ingredients with each. Stir in the fruits, chopped peel and nuts adding in the milk alternately. Transfer to prepared tin and smooth top. Bake in centre of cool oven (Gas mark 2 or 300 degrees f) till fine knife inserted in centre of cake comes out clean. Make tiny but deep holes with a tooth pick and lightly douse with brandy – OPTIONAL. Bake this cake now as it needs to stand for at least 3 weeks covered in foil. Serve with tea or coffee. Please make sure not to incorporate any air into this cake. Do not beat eggs prior to mixing them in to mixture. This cake will remain moist due to the fruits.

I do not advise that you make these recipes often! Too many sweet recipes are unhealthy! However, there is a time to treat yourself. This is a Feast! If you would like any other recipes, please feel free to contact me and I will send you more by e-mail.